Dear Yr 5 Parents,

As part of our K-6 Personal Development Health and Physical Education Curriculum we are required to teach Gymnastics. The focus of this strand is on initial movement exploration, which leads to the acquisition of some preliminary gymnastic skills. The children encounter a wide variety of movement experiences and challenges, developing skills, demonstrating control and exploring the ways in which the body can move.

Jan and Stephen McGinnity from the Tamworth Gymnastics Club have offered their expertise and experience to St Edward’s. Both Jan and Stephen are willing to come to our school and do a 4 week program with each grade over 2017 that will ensure guided experiences and the safe teaching of the gymnastics strand of our curriculum. Jan and Stephen have Level 2 Artistic Gymnastics Coaching qualifications with Gymnastics Australia.

Each class will have a 45 minute sessions each Friday that will include non-locomotor skills, locomotor skills, elements of movement and composition. At no time will the children be involved in aerial somersaulting. Girls are to bring a pair of shorts to wear during gymnastics if they do not wear the St Edward’s Sports Shorts for Sport.

The dates for Year 5 Gymnastics are the following:

**Week 1:** Friday 4th August, 2017

**Week 2:** Friday 11th August, 2017

**Week 3:** Friday 18th August, 2017

**Week 4:** Friday 25th August, 2017

Please note these dates may change due to occasions out of our control. Please keep an eye on our online school calendar for any changes.

This is a compulsory strand in the K-6 Personal Development Health and Physical Education Curriculum; therefore each child is expected to participate. Due to the implementation of St Edward’s Sport’s Levy the cost for Gymnastics is covered in this.

*Please send attached permission note by no later than Friday 28th July, 2017*

Kindest regards,

Heidi Hardaker
Sports Coordinator

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**St Edward’s Gymnastics Permission Note**

I give permission for my child…………………………………… in Year 5 to participate in the 4 week Gymnastics program run by Steve and Jan McGinnity; Tamworth Gymnastics Club.

Signed………………………………………………………… Date……………….